



INDIAN SCHOOL BOUSHER

(Affiliated to the Central Board of Secondary Education, New Delhi)

(Affiliation No: 6630203 and School No: 90252)

Way No: 9785, Plot No: 365, Al Awabi, Al Ansab, Muscat,
Sultanate of Oman



ACADEMIC YEAR 2025 – 2026

CIRCULAR TO PARENTS (GRADES III - XII)

ISB/CR/ADM/2025-2026/042

23/07/2025

Dear Parents,

Greetings from Indian School Bousher!

Subject: 1st CBSE EXPRESSION SERIES for Academic Session 2025-26

We are pleased to inform you that the 1st Expression Series for the academic session 2025-26 will be organized by CBSE on the theme **Competency Focused Education**.

The topics for each category are given as under:

Class Category	Mode of Expression	Topic (English)	Topic (Hindi)
Preparatory stage (Class 3 to 5)	Paragraph (150 words)	• My Superpower: skill that helps me shine. • How I solve my problems	• मेरी सुपर पावर: वह कौशल जो मुझे सबसे अलग बनाता है • मैं अपनी समस्याओं को कैसे हल करता/करती हूँ
Middle stage (Class 6 to 8)	Essay (400 words) / Poem	• My learning adventure: Everyday something new. • How competency based learning helps me handle real life situations.	• मेरी सीखने की रोमांचक यात्रा : हर दिन कुछ नया • योग्यता आधारित शिक्षा मुझे वास्तविक परिस्थितियों से निपटने में कैसे मदद करती है
Secondary Stage Phase 1 (Class 9 to 10)	Essay (700 words) / Poem	• Empowering Growth Through Competency-Oriented Learning. • Competency means more than marks.	• योग्यता-केंद्रित शिक्षण से विकास की सशक्त दिशा • योग्यता का अर्थ सिर्फ अंकों से कहीं अधिक है!
Secondary Stage Phase 2 (Class 11 to 12)	Essay (1000 words) / Poem	• The competencies I want to carry into my professional life • Beyond Exams : How competencies shape careers.	• मेरे कैरियर का आधार बनने वाली योग्यताएँ • परीक्षाओं से परे : कैरियर को आकार देती योग्यताएँ

Conduct of Expression Series:

A. Conduct at the School Level:

- i) The school will conduct the event during the regular school hours on 28th July 2025 (Monday).
- ii) Paragraphs / Essays can be written in Hindi or English.
- iii) The school will be providing the paper for participation in the Expression Series.
- iv) School will complete the evaluation of entries and shortlist one entry per class category (a total of 04 entries per school) for onward submission to CBSE.
- v) Each shortlisted entry will be accompanied by a certificate from the Head of the Institution/Teacher In-charge, certifying the originality of the work.

B. Submission of the Shortlisted Entry by Schools to CBSE:

- i) Each shortlisted participant will receive an online certificate of participation after the successful submission of the entry on the CBSE Expression Series App.
- ii) The 10 best entries in each category will be selected by each CBSE Region for selection of winners at the National Level.
- iii) The three best entries will be selected at the National Level.
- iv) 10 best entries (in each category) at the Regional Level and 03 best entries at the National Level will receive an online certificate of merit from the Board.

The decision of the evaluation committee shall be final, and no correspondence will be entertained in this regard.

For enquiries and details, contact the following learning facilitators:

Grades	Name of the LF	Mail ID
III-V (English)	Ms Shabana Ansari	shabanatemp108@isboman.com
VI-XII (English)	Ms Pilcy David	pilcy-facilitator095@isboman.com
III-XII (Hindi)	Mr Dablu Prasad	dablu-facilitator266@isboman.com

Kindly register your child for the Expression Series via the provided link on or before 25th July 2025.

<https://forms.gle/4v4vXB3ej9oJHZCB7>

Warm regards



P. Prabakaran

Principal

Indian School Bousher

