



Indian School Bousher

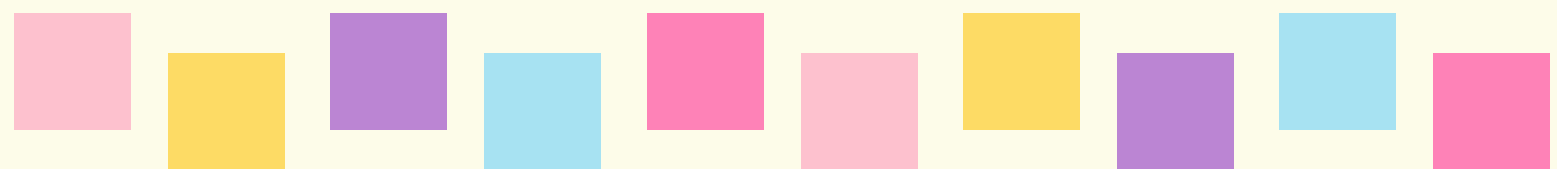
Being a Good Friend

By CareNest Department

Department of Counselling & Special Education

Academic Year 2025-2026

Grades I & II



Friendship is like a warm hug—it makes us feel safe, happy, and included!

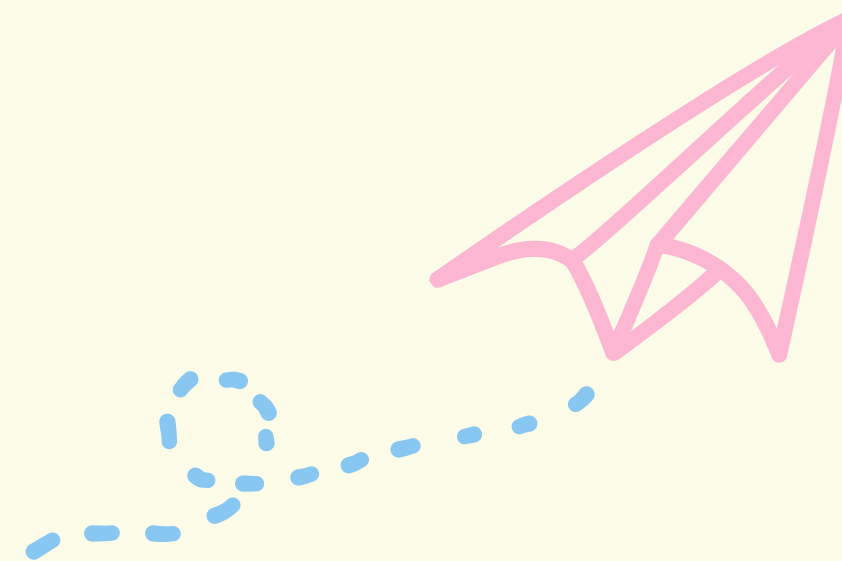


Objectives:

Introduction- Friendship

Parents Take Away

Activity- Friendly Treasure Box





Friendship

Friendship, a special kind of connection built on kindness, trust, and caring for others. At this age, children are learning how to:

- Share and take turns
- Listen and express feelings
- Show empathy and forgiveness
- Solve small conflicts calmly





Parents Take Aways

Insights for Parents to Encouraging Good Friendships in Students

- **Model Positive Social Behavior**

Children learn by example—show kindness, empathy, and respect in your interactions to set a strong foundation.

- **Emotional Intelligence**

Help your child recognize and manage their emotions. Understanding others' feelings leads to more compassionate friendships.

- **Encourage Diverse Social Experiences**

Expose your child to various activities—sports, clubs, or volunteering—so they learn to connect with different personalities.





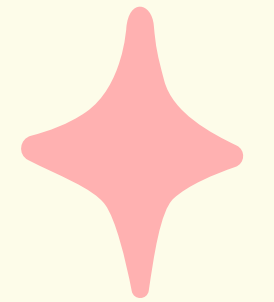
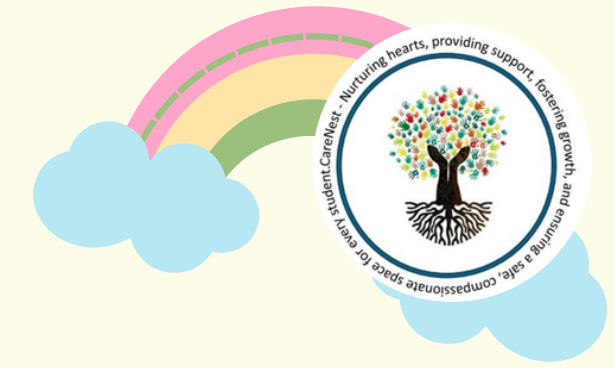
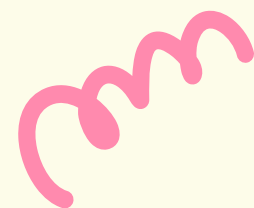
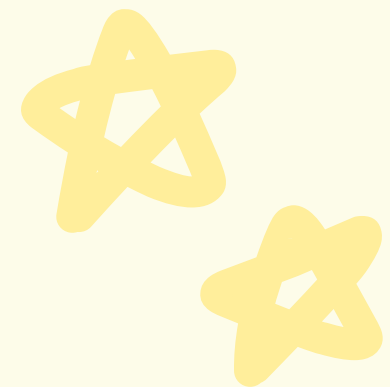
Parents Take Aways

- **Foster Conflict Resolution Skills**

Talk about how to handle disagreements constructively and calmly, so they can maintain healthy relationships.

- **Celebrate Kindness and Loyalty**

Recognize and praise moments when your child shows support or care for a friend. It reinforces the importance of trust.





Friendly Treasure Box

Help students recognize and celebrate friendly behavior at home.



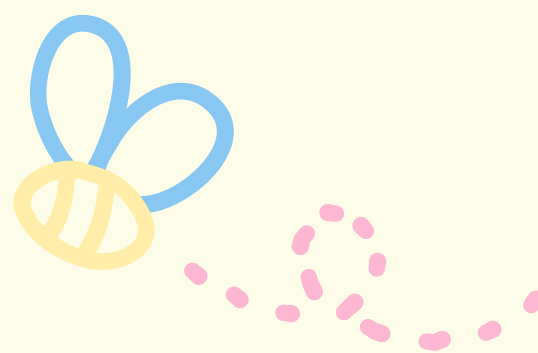
What You'll Need



- Small container (jar, bowl, or box)
- Tokens (coins, buttons, paper circles—anything small)
- Optional: sticker chart or notebook

How It Works

- Each time your child shows a friendly action (e.g. helps a sibling, shares a toy, uses kind words), place one token in the container.
- Let your child know why they earned it—this reinforces good behavior.
- At the end of the week, count the tokens and celebrate with a small reward (like a special story night or choosing a weekend activity).





Me and my Friends





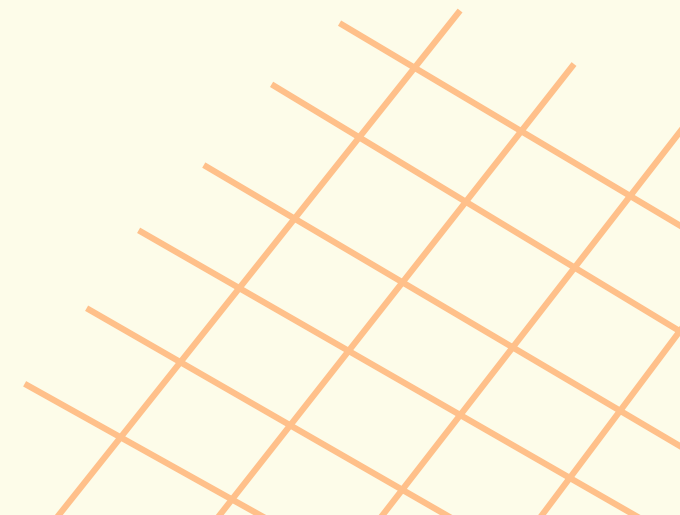
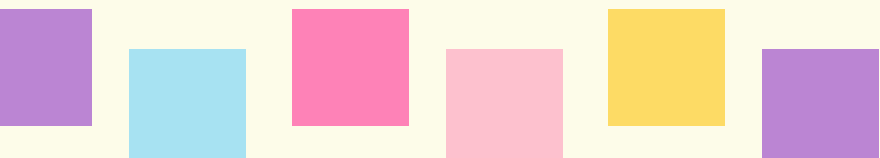
Me and my Friends





Thank You

Nurturing hearts, providing support, fostering growth, and ensuring a safe, compassionate space for every student.





For Further support please feel free to reach out to the CareNest Department

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