



INDIAN SCHOOL BOUSHER

(Affiliated to the Central Board of Secondary Education, New Delhi)

(Affiliation No: 6630203 and School No: 90252)

P.O. Box: 2886, Postal Code: 130, Al Awabi, Al Ansab, Sultanate of Oman



ISB/CR/INT/2026-2027/024

10/5/2026

CIRCULAR TO STAFF
(Only for Internal Circulation)
KG1-GRADE XII

Precautionary Measures for Student Health and Safety During the Summer Season

**Dear Staff,
Greetings!**

As the Sultanate of Oman experiences the peak summer season, it is essential to reinforce measures to safeguard the health, safety, and well-being of all students. With rising temperatures and associated health risks, all staff are requested to ensure the following precautionary measures are strictly implemented:

- **Informative posters promoting regular water intake** should be displayed across the school campus to encourage students to stay hydrated. **CM/HRFs should ensure display in their respective class boards as well.**
- **Students must be permitted to drink water during class hours** to maintain adequate hydration levels.
- Teachers are requested to advise **students to maintain a balanced and nutritious diet, including adequate intake of fruits, vegetables, and fluids.**
- The Facility Team is instructed to ensure that **all RO water filters are cleaned periodically and that water coolers are fully functional**, providing a continuous supply of safe and cool drinking water.
- It must also be ensured that **air conditioning systems in classrooms and common areas are functioning effectively. Any technical issues should be reported immediately** for prompt rectification.

- **Facility team should ensure that hydration or urine charts are displayed in both boys' and girls' restrooms** to promote awareness of water intake.
- **All outdoor activities, including Physical Education periods, stand cancelled until further notice.** Activities should be shifted to indoor environments, and students may be engaged in indoor games such as chess, carrom, yoga, meditation, or theory classes related to sports and games.
- **Morning practice sessions start at 5:30 a.m., and late evening practices may continue as usual. However, activities during late morning and afternoon hours are strictly prohibited.**
- In case of **symptoms such as heat exhaustion or heat stroke, students must immediately inform their class mentors/HRFs** so that necessary first aid and medical assistance can be provided without delay.
- Staff members are also requested to be **cautious regarding communicable diseases such as chickenpox and other seasonal infections.** In case a **student is affected, they should seek appropriate medical care and remain on leave by submitting the medical certificate. They can rejoin classes after the appropriate fitness certificate is submitted to their class mentors. Any update regarding the student should be intimated to the Vice Principal of the respective section.**

Your cooperation in ensuring a safe and healthy environment for students is highly appreciated.

P. Prabakaran

