



INDIAN SCHOOL BOUSHER

ACADEMIC YEAR 2026-2027

(Affiliated to the Central Board of Secondary Education, New Delhi)

(Affiliation No: 6630203 and School No: 90252)

Sultanate of Oman

INTER-HOUSE SWIMMING COMPETITION 2026

Selection Trials & Competition Finals

(Grades 6–12 | Boys & Girls)



ISB/CR/ADM/2026-2027/112

08.10.2026

Dear Students and Parents,

Greetings!

We are pleased to inform you that our school will be organizing the **Inter-House Swimming Competition 2026** for students of **Grades 6 to 12 (Boys & Girls)**. The event aims to promote **physical fitness, teamwork, discipline, and a healthy spirit of competition** among our students. Participants will compete in various swimming events according to their age categories and skill levels, representing their respective houses and contributing points towards the **Overall House Championship**.

We kindly request the parents so ensure that their wards bring the following items for the selection trials and competition:

- Proper swimming attire
- Swimming goggles
- Swimming cap
- Towel

1. SELECTION TRIALS

Date: Saturday, 17th October 2026

Venue: School Swimming Pool

Category	Reporting Time	Trial Time
Boys	9:50 AM	10:00–11:00 AM
Girls	10:50 AM	11:00 AM–12:00 PM

Students must report directly to the swimming pool **10 minutes before** their respective trial times.

2. INTER-HOUSE SWIMMING COMPETITION FINALS

Date: Saturday, 14th November 2026

Time: 9:30 AM–11:30 AM

Venue: School Swimming Pool

All participants must report directly to the swimming pool by **9:30 AM**.

Important: The signed parental consent form must be submitted to the respective House Mentor **before the selection trials**. Students without a submitted consent form will not be permitted to participate.

3. PARTICIPATION GUIDELINES

1. Each student may participate in a maximum of **two individual events and one relay**.
2. Relay teams will be selected based on individual timings.
3. House Mentors must submit the final team lists, including event, student name, class and section, and GR. No., to **Mr. Ajay Singh (HOD of Sports)** on or before **Tuesday, 20th October 2026**.

4. EVENTS SCHEDULE

Event	Grades	Gender	Distance	Laps
Freestyle	6–8	Boys & Girls	60 m	4
	9–12	Boys & Girls	60 m	4
Backstroke	6–8	Boys & Girls	60 m	4
	9–12	Boys & Girls	60 m	4
Breaststroke	6–8	Boys & Girls	60 m	4
	9–12	Boys & Girls	60 m	4
Butterfly	6–8	Boys & Girls	60 m	4
	9–12	Boys & Girls	60 m	4
Individual Medley	Open	Boys & Girls	120 m	8
Relay (4 × 30 m Freestyle)	Open	Boys & Girls	120 m	8

Relay Team: Each team will consist of five players: four swimmers who participate in the race and one substitute.

5. IMPORTANT RULES & INSTRUCTIONS

- **Starting procedure:** Standing starts and diving starts are not permitted. All participants must use the prescribed sitting-start technique.
- **Referee's decision:** The referee's decision will be final.
- **Discipline and sportsmanship:** All participants are expected to maintain discipline and demonstrate good sportsmanship throughout the event.
- **Pool access:** Only competitors are permitted inside the swimming pool area during the competition.
- **Swimming equipment:** All participants must wear proper swimming costumes, goggles, and swimming caps.
- **Consent form:** Participation is strictly subject to submission of a parent/guardian-signed consent form to the respective House Mentor before the trials.

We look forward to your continued support and cooperation in making this event a successful, safe, and enjoyable experience for all our students.

For Registration contact respective house mentor's,

ARAYANS-MS.SRIJA(+96871984895)

PARTHIANS-MS.GOWTHAMI(+96895541192)

SPARTANS-MR.MOHAMMED RIZVEE(+96895729713)

VIKINGS-MR.SHRAVAN(+96890228385)

For any game related queries, please contact:

SWIMMING -MR.SAMAR BOSE (+96890925497)

MS.SPOORTHY (+96894461956)

MS.DEVI (+96879357178)

With warm regards,



Himmat Singh Dhillon
Principal
Indian School Bousher

INDIAN SCHOOL BOUSHER

INTER-HOUSE SWIMMING COMPETITION 2026

PARENTAL CONSENT FORM

Selection Trials: 17 October 2026

Competition Finals: 31 October 2026

Student Name: _____

Class & Section: _____ **GR. No.:** _____

House: _____

PARENTAL CONSENT

I hereby give my consent for my child to participate in the Inter-House Swimming Competition 2026, including the selection trials and, if selected, the finals.

I confirm that my child is fit to participate and will follow all safety instructions and rules given by the teachers and coaches.

Parent/Guardian Name: _____

Contact Number: _____

Parent/Guardian Signature: _____

Date: _____

Please submit this signed form to your respective House Mentor before the selection trials.